

## CAREFREE

A waltz by Dena M. Fresh of Wichita, Kansas.  
Unfamiliar with dance cue terminology? [Learn more here.](#)

**Music:** "Paris Valentine"

**Record:** LS 216-45

**Position:** Open, facing LOD. Instructions for man, woman does counterpart.

**Introduction:** Wait 2 meas, bal apart, bal together.

### Measure:

1-4 STEP, SWING, RISE; STEP, SWING, RISE; SPOT-TURN AROUND, 2, 3; 4, 5, 6

Step fwd in LOD on L, swing R fwd, rise onto ball of L foot by lifting L heel slightly from floor; repeat on R; spot-turn L face once around with 6 steps, starting on L (woman turn R face and start on R). End in open pos facing LOD.

5-8 Repeat meas 1-4 and end facing partner in closed pos, man's back to COH.

9-12 PAS DE BASQUE (L); PAS DE BASQUE (R); SIDE, BEHIND, SIDE; DIP (CROSS) SIDE, CLOSE

On man's L, pas de basque to L (cross R in back - woman cross in back also); pas de basque to R on R (cross L in back - woman cross R in back); step L to side in LOD, step R behind L, step L to side; cross R over L with slight dip (woman opp), step to side on L, close R to L.

13-16 DIP BACK; MANEUVER; WALTZ; WALTZ

In closed pos, man dip back on L (woman fwd on R); with 3 steps (R, L, R) maneuver man's back to LOD; dance two R-face turning waltz steps to end facing partner, man's back to COH, both hands joined.

17-20 BAL APART; BAL TOGETHER (BUTTERFLY BANJO);  
AROUND, 2, 3; 4, 5, 6

Step back (away) from partner on man's L, touch R to L;  
step twd partner on man's R, touch L to R and assume  
butterfly-banjo pos with arms wide-spread and R hips  
together; starting L (woman's R) walk half way around  
with 6 steps to end with man facing COH (woman facing  
wall).

21-24 STAR-TWIRL, 2, 3; 4, 5, 6; (MANEUVER) WALTZ;  
WALTZ

Drop man's L and woman's R hands (retain man's R and  
woman's L hand hold), starting man's L walk on around  
woman with 6 steps to end with man's back to LOD - while  
woman does a 1 1/4 L-face spot twirl under the joined  
hands in 6 steps, starting on her R; man step back in LOD  
on L and dance two R-face turning waltz steps.

25-28 Repeat meas 17-20.

29-32 Repeat meas 21-24, end in open pos.

Repeat dance three more times. On fourth time through, omit steps  
for meas 25-32 and substitute ENDING.

ENDING:

25-28 BAL APART; BAL TOGETHER; BAL APART;  
MANEUVER

Meas 25-26 same as meas 17-18; step back from partner  
once more; on man's R (woman's L) maneuver man's back  
to LOD and assume closed pos.

29-32 WALTZ; WALTZ; TWIRL; BOW

Man step back in LOD on L and dance two R-face turning  
waltzes; twirl woman in usual way; bow.

