

## CAYMAN ISLAND CONTRA

By Don Armstrong

**LS 191/192** Prompted by Don Armstrong/flip instrumental

**Formation:** Triple proper contra, 1, 4, 7, etc. couples active but not crossed over.

### Counts Actions and Explanations

1- 8 ACTIVES SWING,

9-16 ACTIVES DOWN AND WHEEL TURN,

17-24 BACK TO PLACE AND CAST OFF,

25-32 (With the actives in the center of the trios) FORWARD SIX AND BACK,

33-40 ACTIVES DO SA DO,

41-48 OTHERS DO SA DO,

49-64 TURN CONTRA CORNERS.

To prompt this dance:

Intro - - - - , Active couples swing in the center,

1- 8 - - - - , Put her on the right, go down in twos,

9-16 - - Wheel turn, - - come back to place,

17-24 - - Cast off, with them and another forward six and back,

25-32 - - - - , Just the actives do sa do,

33-40 - - - - , Now the others do sa do,

41-48 - - - - , Turn contra corners,

49-56 Partner right, right opposite left, - - partner right,

57-64 Left opposite left, - - , - - actives swing.