

CHILDREN'S POLKA

German Folk Dance LS E-7 Formation: Circle of couples facing each other with both hands joined; boys facing LOD.

DANCE

Meas. (2 counts per meas.; i.e., 1-2 = 4 counts)

1- 2 Two slow side-close steps toward center of circle;
three steps in place;

3- 4 Two slow side-close steps away from center of circle,
three steps in place;

5- 8 Repeat Meas. 1-4;

9-10 Slap own knees with both hands, clap own hands;
clap both hands with partner three times;

11-12 Repeat Meas. 9-10;

13 Place right heel forward, place right elbow in left hand,
and shake finger at partner three times;

14 Repeat Meas. 13 with other hand and foot;

15-16 Turn once around in place with four steps; and
stamp three times.

SUMMARY

1- 2 Go in, and in; and step, step, step;

3- 4 Go out, and out; and step, step, step;

5- 8 Do it all again;

9-10 Knees, hands; your partner, 2, 3;

11-12 Knees, hands; your partner, 2, 3;

13 Scold with the right;

14 Scold with the left;

15-16 Turn yourself around; and stamp, stamp, stamp.