CRUISING DOWN THE RIVER

A waltz couple dance.

Position: Couples in Varsouvianna pos, facing LOD, identical footwork to begin.

1-4 CROSS; SWING; SWING; STEP, STEP, . They both step fwd on the L foot after crossing it over beyond the R. Then they swing the R foot fwd and back in a free swing. They then step on the R behind the L and quickly step on the L, turning slightly to the L at the same time.

5-16 REPEAT (four times in all). They now repeat to the other side crossing over with the R, swinging the L, and stepping behind with a L, R. Then the same thing to the R once more and finish with the same steps to the L.

17-20 DRAW; AND DRAW; DRAW; AND TURN. The man extending the L arm fwd and moving the R hands in twd his L shoulder, she backs up in the curve of his L arm. They both step bwd (swd to LOD) on the L and draw the R to it. They step again and draw.

Now, extending the R hands fwd and pulling the L hands in twds his R shoulder they do an almost L about face, so she is now backed into the curve of his R arm. They step back on the R and draw the L to the R. As they repeat this step-draw, he lets go with his R, and pushing their L hands farther between them, he turns her to a waltz pos (closed).

21-24 WALTZ; TWO; THREE; RIGHT HIPS TOGETHER.

They waltz four meas rotating to the R and finishing with their R hips together and his R hand extended over in front of her. (His back should be twd the COH if they have been progressing around the room in the regular manner.) 25-26 STEP, , CLOSE; STEP, , SWING. He steps bwd on his L, closes his R to his L, steps again on his L and swings his R foot back. She steps fwd on her R with a close step and swings the L fwd.

27-28 STEP, , CLOSE; STEP, , FLIP. They back up retracing

their steps, he going fwd this time while she backs up. After this second step-close-step, instead of taking another swing with the free foot, they both do a quick R-face flip so she will be facing LOD, their L hips will be together, and he will be facing RLOD. They continue holding on with the modified holds of the waltz (closed) pos.

29 STEP, STEP, FLIP. While she walks fwd with a R and L, he walks bwd with a L and R, and suddenly flips around fwd pivoting L-face around on his R foot.

30 STEP, STEP. She continues walking fwd, uninterrupted by his flip, stepping on her R and L again. He walks two steps fwd with her, on his L and R.

31-34 WALTZ; TWO; THREE; VARSOUVIANNA POS. They waltz three measures rotation R-face and on the fourth meas, turn side by side in the Varsouvianna pos and facing fwd again.

35-36 STEP, GLIDE; STEP, SWING. They both step diagonally fwd on the L and instead of closing the R to the L, they let it glide on beyond in a little dipping motion and step beyond. Then stepping fwd again on the L, they swing the R foot fwd.

37-38 STEP, GLIDE, STEP. They now back up, by stepping bwd on their R, gliding past with the L and stepping again on the R.

Repeat the entire dance.