

MANDOLIN CONTRA

An improper duple contra dance written by Glen Nickerson of Kent, Washington, based on Jerry Helt's Banjo Contra.

Music: "The Isle," side 1, band 1 of Vol 4 of "Scottish Dance Time," by Stan Hamilton and the Flying Scotsmen.

Record: LS 331/332

Introduction:

1-8 * * * *, Actives do sa do below;

Counts

1-8 * * * *, With your neighbor banjo wheel;

Each dancer steps to a butterfly-banjo pos with the neighbor (R hips adjacent, arms at shoulder height and extended to the side, joining man's R and woman's L, man's L and woman's R). With both walking forward wheel around once and a quarter, ending so that the man faces the woman and the two women are back to back in the center of the set.

9-16 * * * *, Heel and toe and side two-step;

Starting with the man's L and woman's R, extend that foot to the man's L and touch the heel to the floor, then bring the foot near the instep of the R and touch the toe to the floor; do a step-close-step (swd two-step) both going to the man's L. Repeat the other direction.

17-24 * * * *, Heel and toe and side two-step;

Repeat counts 9-16.

25-32 * * * *, Same ones do sa do;

33-40 * * * *, Same ones swing and whirl;

41-48 * * * *, * * Circle left;

49-56 * * * *, * * Left hand star;

57-64 * * * *, With new neighbor do sa do;