

# TRAIL OF THE LONESOME PINE

**LS 505/06** Called by Don Armstrong; flip instrumental

**Formation:** Square

## **OPENER, MIDDLE BREAK, CLOSER**

### **Counts**

1- 8 WELL YOU WALK AROUND YOUR CORNER, THEN BOW TO YOUR OWN,  
9-16 JOIN HANDS AND CIRCLE LEFT YOU ROAM,  
17-24 ALLEMANDE LEFT THAT CORNER, THEN YOU WEAVE THAT RING,  
25-32 WEAVE IT AROUND TILL YOU MEET HER AGAIN;  
33-40 DO SA DO, THEN YOU TAKE HER AND SWING,  
41-48 YES, YOU SWING, PROMENADE HER AND SING:  
49-56 IN THE BLUE RIDGE MOUNTAINS OF VIRGINIA,  
57-64 ON THE TRAIL OF THE LONESOME PINE.

### **FIGURE**

1- 8 TWO HEAD GENTS TAKE YOUR CORNERS TO THE MIDDLE AND BACK,  
9-16 SAME OLD FOUR CIRCLE LEFT AROUND THAT TRACK,  
17-24 LEFT HAND STAR, GO BACK HOME, RIGHT HAND SWING YOUR OWN,  
25-32 LEFT HAND SWING WITH YOUR CORNER, AND YOU GO BACK HOME;  
33-40 DO SA DO, TAKE YOUR CORNER, YOU'LL SWING,  
41-48 YES, YOU SWING, PROMENADE HER AND SING:  
49-56 IN THE BLUE RIDGE MOUNTAINS OF VIRGINIA,  
57-64 ON THE TRAIL OF THE LONESOME PINE.

**Sequence:** Opener, figure twice for heads, break, figure twice for sides, closer.