

Waltz Ballonet

A waltz mixer written by Mary and Fred Collette of Atlanta, Georgia.

Music: "Waltz of the Flowers"

Record: LS X-76, 244

Position: Couples standing in skirt skaters' pos, facing LOD.

Footwork: Identical, all start with L.

Introduction: Four meas. Wait in open pos for two meas, bal apart, bal together into skirt skaters' pos.

Measures:

1-4 BAL FWD, 2, ; BAL BWD, 2, ; WALK, 2, 3; 4, 5, 6

Step fwd on L, touch R and hold; step bwd on R, touch L and hold; starting L, walk fwd in LOD six steps (2 meas).

This footwork pattern continues throughout the dance, always balancing fwd on the L and back on the R. The touch is also described as an "arch" that is, the free foot is brought up close to the other foot, with the instep of the free foot against the heel of the other foot.

5-8 BAL FWD, 2, ; BAL BWD, 2, ; WALK, 2, 3; TURN, 2, 3

Repeat meas 1-2; releasing L hands and holding R hands, man walks fwd in LOD for 6 steps, turning one quarter RF on last 2 steps, so as to face the wall, while woman walks fwd 3 steps, turns RF in 3 steps, making a 3/4 turn around the joined R hands so as to face COH. All join hands, with all men facing out and all women facing "alamo style."

9-12 BAL FWD, 2, ; BAL BWD, 2, ; ROTATE, 2, 3; 4, 5, 6

All bal fwd as before, man twd wall (woman twd COH), straightening out arms as they do so; bal bwd; releasing L

hands and holding R hands only, partners rotate half CW in 6 steps. The men are now facing in and women facing out, all join hands in a circle again.

13-16 BAL FWD, 2, ; BAL BWD, 2, ; WALK, 2, 3; TO NEW PARTNER, 2, 3

All bal fwd and bwd as before; releasing R hands and holding L only, the woman takes 3 short steps to make a one quarter LF turn twd LOD and 3 steps in place, while the man who is holding her L hands does a one quarter LF turn in 6 short steps, stepping in twd COH and on around to face LOD, taking her R hand on her R hip, ready to repeat the dance with this new partner.

The 16 meas sequence is danced six times. At the end of the last time through, man takes 3 steps back twd the next partner and bows on the last meas.