

WHEELBARROW REEL

LS E-42, Side B. Track 1, instrumental; Track 2, prompted by Don Armstrong

Music: Red Wing

Formation: Four couples in a contra set, all the men in a line on the caller's right, all the ladies in a line on the caller's left.

Counts ACTIONS and EXPLANATIONS

1- 8 ALL GO FORWARD AND BACK – All dance forward towards partner four steps and back up into starting lines four steps.

9-16 TURN PARTNER RIGHT HAND ROUND – With pigeon-wing handhold, all turn partner once around by the right hand and return to starting lines.

17-24 TURN PARTNER LEFT HAND ROUND – As in 9-16 with left hands.

25-32 TURN PARTNER TWO HANDS ROUND – All join both hands with partner, chest high, elbows bent, right side to right side and walk around each other, CW, and return to starting lines.

NOTE: WHEELBARROW REEL – All rejoin both hands with partner, chest high, elbows bent, each offering some support to the other by maintaining some muscular "resistance" in the arms.

Then the TOP man "pushes" his partner as he moves FORWARD 4 steps, as ALL OTHER MEN "pull" their partners as they move BACKWARD 4 steps. After each 4 steps ALL COUPLES reverse their direction; so that in each 8 counts the top man "pushes" his partner as he moves forward 4 steps, then "pulls" her as he moves backward 4 steps, as all the other men "pull" their partner as they move backward 4 steps and then

"push" as they move forward 4 steps. While doing so, the top couple moves down the set one position during each 8 counts as the couple who is being passed moves up the set one position.

In three of these 8-count activities the top couple finishes at the foot of the set. All dance either forward or backward during entire three actions, no one stops in these 24 counts.

33-40 TOP COUPLE WHEELBARROWS PAST SECOND COUPLE – In 8 steps the top couple passes the second couple as described.

41-48 TOP COUPLE WHEELBARROWS PAST THIRD COUPLE – Top couple passes the third couple.

49-56 TOP COUPLE WHEELBARROWS PAST FOURTH COUPLE – Top couple passes the last couple to end at the foot of the set. All release hands and end in starting lines,

57-64 ALL DO SA DO PARTNERS – All do sa do, ending in starting lines ready to begin dance again with a new top couple.

To prompt this dance:

Intro or

57-64 - - - - , ALL FORWARD AND BACK,

1- 8 - - - - , TURN PARTNER RIGHT HAND ROUND,

9-16 - - - - , TURN PARTNER LEFT HAND ROUND,

17-24 - - - - , TURN PARTNER TWO HANDS ROUND,

25-32 - - - - , TOP COUPLE WHEELBARROW – PUSH,

33-40 - - - REVERSE, - - - REVERSE,

41-48 - - - REVERSE, - - - REVERSE,

49-56 - - - REVERSE, - - - DO SA DO,

The music is a traditional version of the tune "Red Wing."